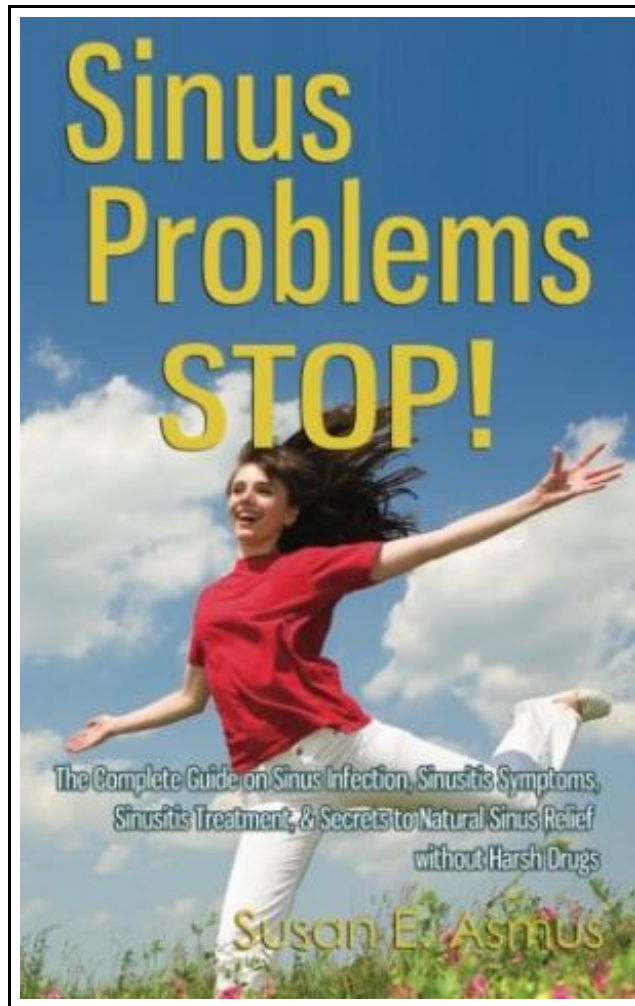


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Createspace, United States, 2014. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Just imagine being able to breath easier in just 7 days (or less) without using harmful drugs or having to deal with sinus problem symptoms. And you could do this from the comfort of your own home, wouldn t that be great? Yes you could have clear sinuses. It truly is possible. You just need to know how. This is where Sinus Problems STOP! can help. It covers nearly every bit of information you wanted to know about sinus problems, plus more. Here s what you ll discover in Sinus Problems STOP!: - How to better understand how sinusitis affects your body. - Causes of sinus infections and how to avoid them. - 3 little known, yet simple ways to use diet to cure your sinusitis. - Secrets from experts that few people ever know about. - 3 proven steps to using vitamins and mineral supplements to get yourself on the road to healthy sinuses. - 2 simple keys (that are right in front of your eyes) to using home remedies to cure your sinusitis. - WARNING: 3 things you should never do when it comes to curing sinusitis. - You ll discover in just a few short minutes the difference between acute sinusitis and chronic sinusitis. - 6 time tested and proven strategies for using herbs to increase your sinus health. - 7 everyday but often overlooked tips and tricks for using alternative medicine like acupuncture and acupressure to have healthier sinuses. - A pennies on the dollar approach to using the home remedies to cure your sinus problems. - How often to use sinus preventatives to increase your sinus health. - The once famous but forgotten...



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