



A Tasty Main Meal

By Rita Storey

Hachette Children's Group. Paperback. Book Condition: new. BRAND NEW, A Tasty Main Meal, Rita Storey, For most people the main meal of the day is eaten in the evening. If you are in a hurry, cooking a bowl of pasta with a delicious sauce can be just as fast as heating up a ready-prepared meal. It will have great taste and be better for you as well. The tasty recipes in this book are quick and easy. They include macaroni cheese, creamy salmon, stuffed potato skins, sticky chicken and deserts too. The 'Plan, Prepare, Cook' series has brilliant step-by-step photographs and easy-to-follow instructions so that you will soon be creating your very own delicious food. Learn basic techniques, find out about the equipment you need, and pick up lots of helpful hints and tips along the way.



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